

News from the Parishes of Holy Family, Pensby and Our Lady & St. John, Heswall



Congratulations to parishioner, Gianni Interi on his ordination at Shrewsbury Cathedral last Saturday. May God guide him in his service.

Come and Pray the Rosary

The Rosary will be prayed at Our Lady and St John's church at **9:30am each Saturday**, for the sick in the parish, our families and all the suffering in our world today.



Exposition of the Blessed Sacrament with Adoration

Every Tuesday morning from 9:30am - 10:30am after the Celebration of Word and Communion at 9:00am at Our Lady and St John. *Everyone welcome.*



Refreshments after Sunday Mass

Just a reminder that refreshments are available after both Sunday Masses at Holy Family and Our Lady and St John each week. Do come and join us for a cuppa and a chat after Mass.

Confession

Holy Family: 11:45am - 12 noon on Saturdays

Our Lady & St John: 5:15pm - 5:45pm on Saturdays



The **Stitchcraft Group** at OLSJ will close on Tuesday 16th July and re open on Tuesday 10th September. New Members are always welcome.

Parishioners who need our Prayers

Please remember in your prayers all those in both parishes who are sick at home or in hospital, including:

- David Gorman
- Imelda Atherton
- Ken & Sara Bull
- David Johnston
- Phil Shaw
- Frances Ford
- John McNulty
- John Charles Smith
- Peter Ryan
- Bernard Davies
- Gerald Sanderson
- Carol Ross
- Molly Turner
- Joe Hemington
- Fred McCloud
- Lin Thompson
- Gary & Alan
- Phyllis Driscoll & Family
- Koumar Ray
- Claire Roddick
- Moira Griffiths-Parr
- Gerry Smith
- Ian Butler
- Pat Lord
- Mike Robb
- Grant Adonis
- Victoria Interi
- Ann Parsons
- Peter Davies
- Clare Brown
- Frances O'Boyle
- Mary Reily



Please get in touch if you would like to add or remove someone from the list.

Masses for week commencing Sunday 14th July 2024

Sunday 14th July	15th Sunday in Ordinary Time <i>Psalter Week III</i> Day of Special Prayer for Seafarers	9:30 am	Holy Family	Mass - Mary Hellon Anniversary
		11:15 am	OLSJ	Mass - Patricia (birthday)
Monday 15th July	St Bonaventure	9:00 am	OLSJ	Mass - Damien Mills Birthday Anniversary
Tuesday 16th July	Our Lady of Mount Carmel	9:00 am	OLSJ	Mass - Mauren Birch & Ray Coonan Anniversary
Wednesday 17th July	Ferial	9:00 am	Holy Family	Mass - John Herbert R.I.P.
Thursday 18th July	Ferial	7:00 pm	OLSJ	Celebration of Word & Communion
Friday 19th July	St John Plessington	9:00 am	Holy Family	Mass - Intentions of Claire & family
Saturday 20th July	BVM on Saturday	9:30 am	OLSJ	Come pray the rosary
		12 noon	Holy Family	Mass - Elizabeth Jones - Birthday Remembrance
		6:00 pm	OLSJ	Mass - Special Intention
Sunday 21st July	16th Sunday in Ordinary Time <i>Psalter Week IV</i>	9:30 am	Holy Family	Mass - Intentions of Ana & Andy
		11:15 am	OLSJ	Mass - Bernard Jones Anniversary



Reflection on the Sunday Gospel

By Father Stephen

In the Gospel according to Mark the formation of Jesus' disciples unfolds in stages. They are called to follow Jesus, to become fishers of people, to share Jesus' life and are given power over evil spirits. Their mission closely parallels that of Jesus himself: preaching repentance, confronting the power of evil, healing the sick. The lack of material support, food, money, haversack, and their reliance on hospitality from others are signs of their total reliance on God and of their freedom. Shaking the dust from your feet was a symbolic act that Jews performed when leaving a pagan land. The disciples are to symbolise to those who do not welcome them that they are subject to God's judgement. They re-present in their lives the actions of Jesus, even though Jesus is not physically with them. Today people often ask where Jesus is amid disputes over authority in the Church, endless meetings and projects for renewal. Yet the example of Saints like St Francis and St Teresa point to where Jesus is truly found. The rejection of the disciples and Jesus' advice simply to continue to other places reminds us that certain approaches may be fruitless, that it is time to move on. Awareness of God's call, travelling light and risking rejection are the marks of true disciples.



Shrewsbury Diocese
Lourdes Pilgrimage

**'Go tell the priests
to come [here] in
procession' ...**

...is the theme of this year's Diocesan Pilgrimage to Lourdes from 26 July to 1 August. We are expecting more pilgrims to journey with us this year, and it will be our largest pilgrimage since the pandemic. There are still some places available if you would like to join us this year. For more information, please see the pilgrimage website

www.shrewsburypilgrimage.co.uk

or phone the Pilgrimage Office on 07970943940.

Wirral Food Bank AGM



We extend a warm invitation to our Annual General Meeting will be on **Thursday 18th July, starting at 7pm**. The meeting will be held at St Albans Parish Centre, St Albans Road, Wallasey, CH44 5UD.

This will be an opportunity to share with you the work of Wirral Foodbank over the past 12 months. We will be considering in particular the cost-of-living crisis and the impact it is having on many people in our community.

Should you have any questions for the meeting please feel free to email me at manager@wirralfoodbank.org.uk

We look forward to seeing you all.



The Chester Across Group are going to Lourdes by Jumbulance from **Thursday 15th to Saturday 24th August**. We

travel overland in an adapted coach, which has seven beds on board. However, we need two more helpers and there is a place for someone who is sick or disabled. The cost is £1,095 but help with costs is available. Current Passport required. Travel Insurance is available for just £65.

Search our website for an example of our care.

<http://www.across.org.uk/?s=AJ>

For more information, please contact Tony Murphy on 07881 656 974 or email

tonymurphyefc2002@yahoo.co.uk.



ADOREMUS at Oscott

National Eucharistic Congress at Oscott will take place on **Saturday 14th September**.

The Diocese has been allocated a limited number of tickets to this event and **all attendees, including clergy, must arrive by coach**. The Diocese have paid for the tickets and ask that parishes with parishioners attending make a donation towards the cost of the coach. It is hoped that the coach will pick up at three or four locations within the diocese (depending on attendees).

If you would like to attend this event, please let Father Stephen know or email the parish secretary contact@ourladyandstjoh.org.uk as soon as possible, in order to confirm numbers.



**Children's Liturgy Banner
at Our Lady & St John**

We will be replacing the Children's Liturgy banner soon as the current banner is now 10 years old! All the children have been asked to draw a picture of themselves, most have done this already, but if there are any children who haven't handed one in yet, could they please be given to Laura Jones or another member of the Children's Liturgy team **before 14th July**. Older children are also welcome to write a prayer to be included on the banner. We are hoping to have the new banner made over the summer holidays, ready for when we return in September.



Newsletter July 2024



Plastic Free July® is a global movement that helps millions of people be part of the solution to plastic pollution—so we can all have cleaner streets, oceans, and beautiful communities.

The movement has inspired 100+ million participants in 190 countries. Making a small change will collectively make a massive difference to our communities. You can choose to refuse single-use plastics in July (and beyond!). Best of all, being part of Plastic Free July will help you to find great alternatives that can become new habits forever. You can access ideas and information at <https://www.plasticfreejuly.org/take-the-challenge/>

REMOVE - try to buy produce that isn't wrapped in plastic

REDUCE - use long life shopping bags rather than single use plastic bags

REUSE - donate strong plastic bags to the Foodbank

RECYCLE - soft plastic such as bread wrapping and single use plastic bags can't be

Recycled through grey bins BUT can be recycled at drop off points at Tesco's Heswall or Sainsbury's Upton.



Live Simply group

The Live Simply Group is made up of parishioners who were inspired by Laudato Si', the encyclical letter from Pope Francis, on care for our common home and in particular, the effects of pollution and climate change, issues of water and biodiversity, the decline in quality of human life and global inequality. Our aim is to share initiatives from CAFOD, who have a Live Simply award scheme designed to support Catholic parishes, schools and communities, to respond to the invitation from Pope Francis in Laudato Si 'to "work with generosity and tenderness in protecting this world that God has entrusted to us".

The CAFOD initiatives cover:

Living simply

Living sustainably with creation

Living in solidarity with people who are poor

We plan to publish topical articles for the parish newsletter every so often to share ideas for living simply, sustainably and in solidarity with people who are poor. We hope you will find them helpful.

If you are interested in joining our group, please contact Kevin Lloyd on 07907 382449

Coming soon 1 September - 4 October 2024



**SEASON OF
CREATION**



**TO HOPE AND ACT
WITH CREATION**
SEASON OF CREATION 2024

The firstfruits of hope
(Rom 8:19-25)



Fairtrade is now 30 years old. Please Shop Fairtrade whenever you can!

A Prayer for Our Earth - Pope Francis

All powerful God, you are present in the universe and in the smallest of your creatures.

You embrace with your tenderness all that exists.

Pour out upon us the power of your love, that we may protect life and beauty.

Fill us with your peace, that we may live as brothers and sisters, harming no one.

O God of the poor, help us to rescue the abandoned and forgotten of this earth,

So precious in your eyes.

Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction.

Touch the hearts of those who look only for gain at the expense of the poor and the earth.

Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey towards your infinite light.

We thank you for being with us each day. Encourage us, we pray, in our struggle, for justice, love and peace.

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HESWALL MUSICAL SOCIETY PRESENT

LEST WE FORGET

A JOURNEY THROUGH OUR

WARTIME MUSICAL MEMORIES

80TH ANNIVERSARY OF D-DAY

19TH JULY - HESWALL BRITISH LEGION
7.30PM

20TH JULY - HESWALL METHODIST CHURCH
2.30PM

TICKETS - £10

CALL - 0151 648 5316

WE'LL MEET AGAIN..

PACK UP YOUR TROUBLES...

REG CHARITY - 517548

Wirral Foodbank April - June 2024



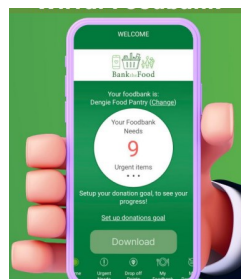
We are quite short of food donations at the moment and are having to spend up to £10k a month on food. Please help by donating 1 or 2 of the following items that they urgently need:

- Tinned Custard
- Tinned Fish
- Tinned Meat
- Tinned Vegetables
- UHT Milk
- Tinned Fruit
- Tinned Rice Pudding
- Tinned Potatoes
- Deodorant

There are large collection boxes in the porch area of both our Parish churches.

New Smartphone App!

Did you know that there is a new Smartphone app for up-to-date LOCAL Foodbank needs and reminders



when you are doing your own shopping? The Foodbank has collaborated with the charity **BanktheFood** and now has an App for smart phone users.

The App is free to download, and is a great reference for your donations. Simply download the **BanktheFood** app for FREE using the QR code below. Search for the Wirral Foodbank using the postcode finder and follow them. You'll get regular updates of the items that they urgently require.

Do you like painting drawing
Knitting and crochet all arts and crafts?
Then come and join us at

CREATE
THE
SCOUT HALL
MARKSWAY PENSBY

meeting take place at

Please bring your work and
creations with you to
work on.

Telephone
07833 132056

MONDAY
MORNINGS
WEEKLY
10AM-12AM

We provide coffee tea
and biscuits.



FIND OUT MORE! BanktheFood
WWW.BANKTHEFOOD.ORG

Watch Sunday Mass said by Father Stephen on our YouTube channel Our Lady and St John Heswall

<https://www.youtube.com/channel/UCyzzNjNscAoxuWubVYv04Lw>




Visit the parish

Website



at

www.rcchp.org.uk

Do you know anyone that doesn't have access to the internet?
 A paper copy of the weekly newsletter can be sent to them in the post. Just drop a line to the Parish Secretary.

Ways to Stay in Touch with Parish News

Visit the Holy Family Pensby Facebook page



 Sign up for the weekly parish newsletter via email. To join send an email to Victoria Hanlon contact@ourladyandstjohn.org.uk

Have your contact details changed recently? If they have, please let the Parish Secretary know.
contact@ourladyandstjohn.org.uk